

Postcommunion

REFRESHED by the Sacrament of Thy precious Body and Blood, O Lord, and given over to the service of the most Blessed Virgin, may the wonderful grace of Thy Majesty fortify us, and make us faithful imitators of her virtues: Who liveth and reigneth and reigneth with God the Father in the unity of the Holy Ghost, God, world without end.

PRETIÓSI Córporis et Sanguinis tui nos, Dómine, sacraménto reféctos, mirífica tuæ grátia majestátis commúniat: atque obséquiis beatíssimæ Virgínis mancipátos, virtútum ejúsdem fidéles constituat imitatóres: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.



DEVOTION to our Lady of Mount Carmel indicates a strong call to the interior life, which, in a very special way, is Mary's life. The Blessed Virgin wants us to resemble her in heart and mind much more than in externals. If we penetrate into Mary's soul we see that grace produced in her a very rich interior life: a life of recollection, prayer, uninterrupted giving of herself to God, and of constant contact and intimate union with Him. Mary's soul is a sanctuary reserved for God alone, where no creature has ever left an imprint; here reign love and zeal for the glory of God and the salvation of men.

Those who wish to live truly devoted to our Lady of Mount Carmel, must follow Mary into the depths of the interior life. Carmel is the symbol of the contemplative life, of life wholly consecrated to seeking God and tending wholly toward divine intimacy; and she who best realizes this very high ideal is Mary, *Queen, Beauty of Carmel*. "Judgment shall dwell in the wilderness and justice shall sit in Carmel. And the work of justice shall be peace, and the service of justice quietness and security forever. And my

people shall sit in the beauty of peace, and in the tabernacles of confidence." These verses, taken from Isaias (32: 16:18) and repeated in the Office proper to Our Lady of Mount Carmel, delineate very well the contemplative spirit and, at the same time, they are a beautiful picture of Mary's soul which is a real "garden" (Carmel in Hebrew signifies garden) of virtues, an oasis of silence and peace, where justice and equity reign; an oasis of security completely enveloped in the shadow of God, and filled with God.

Every interior soul, even if living amid the tumult of the world, must strive to reach this peace, this interior silence, which alone makes continual contact with God possible. It is our passions and attachments that make noise within us, that disturb our peace of mind and interrupt our intimate converse with God. Only the soul that is wholly detached and in complete control of its passions can, like Mary, be a solitary, silent "garden" where God will find His delights.

This is the grace we ask of Our Lady today when we choose her to be the Queen and mistress of our interior life.

Commentary by Fr. Gabriel of St. Mary Magdalen, O.C.D.



Proper Prayers of the Mass in the Extraordinary Form

Votive Mass of the Most Blessed Virgin Mary of Mount Carmel (in Eastertide)

Introit (Isaias 61:10)

GAUDENS gaudébo in Domino, et exsultabit ánima mea in Deo meo: quia índuit me vestiméntis salútis: et indumento justítiæ circúmdedit me. Allelúia, allelúia. *Ps. 95:1.* Cantáte Dómino cánticum novum: cantáte Dómino, omnis terra. *V.* Glória Patri, et Filio, et Spíritui Sancto. Sicut erat in principio, et nunc, et semper, et in sæcula sæculórum. Amen. — Gaudens gaudébo ...

I WILL greatly rejoice in the Lord, and my soul shall be joyful in my God: for He hath clothed me with the garments of salvation, and with the robe of justice He hath covered me. Alleluia, alleluia. *Psalm.* Sing ye to the Lord a new canticle: sing to the Lord, all ye lands. *V.* Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen. — I will greatly rejoice ...

Collect

DEUS, QUI beatíssimæ semper Virgínis et Genitrícis tuæ Mariæ singuláři título Carméli Órdinem decorásti: concéde propítius; ut, cujus Commemoratiónem pio celebrámus officio, ejus muniti præsídiis, ad gáudia sempitérna pervenire mereámur: Qui vivis et regnas ...

O LORD GOD, Who hast honored the Order of Carmel with the special title of Thy most Blessed Mother Mary, ever Virgin: mercifully grant, that we who celebrate her memory with dutiful devotion, may be shielded by her protection and deserve to come to everlasting joys: Who livest and reignest ...

Lesson (Proverbs 8:17–21, 34–35)

EGO DILIGÉNTES ME diligo: et qui mane vígilant ad me, invénient me. Mecum sunt divítix et glória, opes supérbæ

I LOVE THEM that love me: and they that in the morning early watch for me, shall find me. With me are riches and glory, glorious

riches and justice. For my fruit is better than gold and the precious stone, and my blossoms than choice silver. I walk in the way of justice, in the midst of the paths of judgment, that I may enrich them that love me, and may fill their treasures. Blessed is the man that heareth me, and that watcheth daily at my gates; and waiteth at the posts of my doors. He that shall find me, shall find life, and shall have salvation from the Lord.

Alleluia

ALLELUIA, Alleluia. (*Jer. 2:7.*) I brought you into the land of Carmel, to eat the fruit thereof, and the best things thereof. Alleluia. (*I Samuel 25:7.*) Not anything was wanting to them, all the while they were with us in Carmel. Alleluia.

Gospel (John 19:25–27)

AT THAT TIME, there stood by the cross of Jesus His Mother, and His Mother's sister, Mary of Cleophas, and Mary Magdalen. When Jesus therefore had seen His Mother and the disciple standing whom He loved, He saith to His Mother: Woman, behold thy son. After that, He saith to the disciple: Behold thy mother. And from that hour, the disciple took her to his own.



et justitia. Mélior est enim fructus meus auro et lapide pretioso, et genimina mea argénto elécto. In viis justitiæ ámbulo, in médio semitárum judicií, ut ditem diligéntes me, et thesáuros eórum répleam. Beátus homo qui audit me, et qui vígilat ad fores meas quotidie, et observat ad postes óstii mei. Qui me invenerit, inveniet vitam, et háuriet salutem a Dómino.

ALLELÚIA, Allelúia. *Ÿ.* Indúxi vos in terram Carméli, ut comedéritis fructum ejus, et óptima illius. Allelúia. *Ÿ.* Non défuit quidquam eis omni témpore, quo fuérunt nobiscum in Carmélo. Allelúia.

IN ILLO TÉMPORE: Stabant autem juxta crucem Jesu, mater ejus, et soror matris ejus María Cléophæ, et María Magdaléne. Cum vidisset ergo Jesus matrem, et discipulum stantem, quem diligébat, dicit matri suæ: Múli-er, ecce filius tuus. Deínde dicit discipulo: Ecce mater tua. Et ex illa hora accépit eam discipulus in sua.

Offertory (Ezechiel 46:1)

PORTA ÁTRII interiórius, quæ respicit ad oriéntem, erit clausa sex diébus: die autem Sábbati aperiétur. Allelúia.

THE GATE of the inner court that looketh toward the east, shall be shut the six days; but on the sabbath day it shall be opened. Alleluia.

Secret

TUA NOS, Dómine, abundantia pietátis indulgeat: ut per sacra múnera, quæ tibi reverénter offerimus, gratum beatíssimæ Filii tui Matri famulátum exhibére valeámus. Per eúndem Dóminum nostrum Jesum Christum ...

MAY THY abundance of mercy pardon us, O Lord: that through the sacred Gifts which we reverently offer to Thee, we may be able to present grateful service to the most Blessed Mother of Thy Son. Through the same Jesus Christ, Thy Son, our Lord ...

Preface of the Most Blessed Virgin Mary of Mount Carmel

VERE DIGNUM et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere: Dómine sancte, Pater omnipotens, ætérne Deus: Qui per nubem levem, de mari ascendéntem, immaculátam Vírginem Mariám beáto Eliæ Prophétæ mirabiliter præsignásti; eíque cultum a filiis prophetárum præstári voluísti. Quos autem beáta Virgo per sacrum Scapuláre in filios dilectiónis assúmpsit, eodémque indútos ac pie moriéntes, ad montem sanctum tuum quantócíus perducere dignéris. Et ídeo cum Ángelis et Archángelis, cum Thronis et Dominatió nibus, cumque omni militía cœlestis exércitus, hymnum glóriæ tuæ cánimus, sine fine dicétes: — *Sanctus.*

IT IS TRULY meet and just, right and for our salvation, that we should at all times and in all places give thanks to Thee, holy Lord, Father almighty, eternal God: Who through the rising cloud ascending from the sea, didst wonderfully prefigure to the blessed Prophet Elias the Immaculate Virgin Mary, and wished devotion to be paid to her by the children of the prophets; whom moreover the Blessed Virgin received for the children of her love through the holy Scapular: mayest Thou vouchsafe to bring them, clothed in the same and dutifully dying to self, the more quickly to Thy holy mountain. And therefore with Angels and Archangels, with Thrones and Dominations, and with all the hosts of the heavenly army, we sing a hymn to Thy glory, evermore saying: — *Sanctus.*

Communion (Proverbs 31:25)

FORTITÚDO et decor indumentum ejus, et ridébit in die novíssimo. Allelúia.

STRENGTH and beauty are her clothing, and she shall laugh in the latter day. Alleluia.